



St Francis Calling... are you listening?

St. Anthony of Padua O.F.S.,
Boynton Beach, Fl. March 2018

THE 4 G.'S

Council Members:

Spiritual Assistant:

Fr. Richard Florek, OFM Conv.

Minister: Erit Milan, Mary Ann
Hanliana Cavarra OFS

Vice Minister: Sylvia Chai OFS

Secretary: Marie Guzman OFS

Treasurer: Ana Kenefick OFS

Formation Director:

Carmen Stratos OFS

Editor:

Lesley Vaitekunas OFS

toplot@bellsouth.net

If you wish to submit something please do so by the 17th of each month. Be sure your submissions respect copyright laws. Thank you.

Birthdays for March:

NONE REPORTED:

If you are new please give the date of your birthday to Sue Ann Miller OFS, our "birthday coordinator!"

Professions for March:

None

"God Grant me the Gift of the Grace to know myself."

Remember our theme for Lent? In reference to our last newsletter...are you seeing any imperfections under that microscope? Any "bugs" that need to be examined and worked out in our lives? Let's get the bugs out! I have not heard back from any of you about my questions... "one way you need to change about yourself?" and "one way you need to keep about yourself?" In other words, the "good, the bad, and perhaps the ugly." Remember, your answers will be kept anonymous.

I would also like to hear about last months newsletter and the idea of "Getting to know you." DON'T BE SHY! PLEASE send me a short note about your "life story" and how you heard the "call" to become a Secular Franciscan. This is how we can grow in fraternity. We need to learn more about one another! Please send me your story by the 17th to top-plot@bellsouth.net. THANK YOU! I will publish one story per month. Just remember to K.I.S.S....Keep it Simple Silly!

WELCOME TO...

We have four people in Orientation who will be "welcomed" at our next gathering on March 18th. Please pray for: Gilda Galdo, Myrlit Milan, Mary Ann Hannon and Anthony Piccolino. Remember all four of you are also welcome to write up a little note about how you heard "God's call."

LENTEN RETREAT

Our very own Spiritual Assistant, Fr. Richard Florek OFM Conv. , will be giving us a Lenten retreat at our next gathering on March 18th in the Chapel. Be sure to join us as we strive to know ourselves and grow in conversion and closeness to GOD.

"After the noon Mass we will meet in the St. Anthony room for a quick bite of food. Then we will meet in the Chapel at 1:30 p.m." (Per Eliana)

SOME VERY SHORT DAILY PRAYERS...

SUNDAY

Achieving Peace

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love. Where there is injury, pardon, where there is doubt, faith.

Where there is despair, hope.

Where there is darkness, light, and where there is sadness, joy.

Amen

From the St. Francis prayer

MONDAY

Keeping the Faith

I bind myself God's power to guide me, God's might to uphold me, God's eye to watch over me, God's ear to hear me, God's word to give me speech, God's hand to guide me, God's way to lie before me, God's shield to shelter me, God's host to secure me.

Amen

From St. Patrick's Lorica

TUESDAY

Feeling Compassion

Jesus, may the contemplation of Your sufferings move me with the greatest compassion, make me hate my sins, and kindle in my heart a more fervent love for You...My beloved Jesus, grant that I may never cease to love You, and do with me as You will.

Amen

Stations of the Cross

WEDNESDAY

Finding the Strength

O, mighty Lord, I pray that You will be my shield as I do battle against ignorance, cruelty and injustice. Through Your unending love, I pray that You will grant me goodness and steadfastness, so that I might lead others to do Your will and glorify Your name.

Amen

Contemporary prayer.

THURSDAY

Leading The Way

Lord, inspire us today with the qualities of good leadership. Give us insight to make wise decisions, integrity to face the truth, courage to make difficult choices and compassion for the needs of others. Make us a model of justice and honor to the world, and let us never forget that our job is to serve, both You and others. Amen

Contemporary Prayer

FRIDAY

Doing Your Will

Teach us to be generous, good Lord; Teach us to serve You as You deserve; to give and not to count the cost, to fight and not to heed the wounds, to toil and not to seek for rest, to labor and not to ask for any reward save that of knowing we do Your will.

Amen

St. Ignacius Loyola

SATURDAY

Finding Comfort

Help me to remember what is really important: that I am Your child and You are my Father, that You love me for who I am and how I live not for what I look like or what I own. Let me praise You who sees into my heart, who is always with me and who eases my suffering.

Amen

Contemporary Prayer

I hope you enjoy these little prayers that you can pray each day of the week.

Remember first, we must dialogue with God, then with each other in fraternity, then with those near and far.

God bless you one and all. Hope your Lent is very fruitful.

In His love, peace and JOY, Pax et Bonum

Lesley OFS, Editor

SOMETHING TO PONDER

How many of us have adult children, or grandchildren or know the children of others? Probably most of us. Now, how many of us have adult children who are not practicing Catholics? Are you concerned about them and their children and what will happen in the future ? Is there anything we can do to help our kids “see the light?” Or at least protect them from the evils they encounter every day? It is our duty as parents/Grandparents (& friends) to pray for our family, our spouse, our children, our grandchildren, or children we know and pray for.

The following is something in Aleteia... @ <https://aleteia.org>

The *Catechism of the Catholic Church* declares, “From its beginning until death, human life is surrounded by angels and their watchful care and intercession” (CCC 336). God appoints to each one of us a guardian angel whose mission is to guide, guard and protect. We don’t always see them or sense their presence, but the truth is that they are there, ready and willing to come to our aid.

For parents, and Grandparents it is easy to forget that our children, and Grandchildren, have guardian angels and that we can pray to them (through the mediation of our own guardian angel) and invoke their powerful protection over our children (and Grandchildren). When we can’t physically be there with our children (Grandchildren) to protect them, it is most appropriate to pray to their guardian angel. and is one way that we can quiet our heart and be at peace knowing who is protecting our little ones. This is one way we can pray for them.

“A Mother’s (or Father’s) Prayer to the Guardian Angels of Their Children” (or for other children that you know and pray for.) This can be prayed for those who do not have children, but love others children. Perhaps you are a babysitter? Or an Aunt or Uncle? All can pray this.

I humbly salute you, O you faithful, heavenly friends of my children! I give you heartfelt thanks for all the love and goodness you show them. At some future day I shall, with thanks more worthy than I can now give, repay Your care for them, and before the whole heavenly court acknowledge their indebtedness to Your guidance and protection. Continue to watch over them. Provide for all their needs of body and soul. Pray, likewise, for me, for my husband/wife, and my whole family, that we may all one day rejoice in your blessed company. Amen.

When we pray the Guardian Angel prayer just **keep it simple** and just pray the “Guardian Angel prayer” to our own Guardian angel and include their Guardian angels at the same time. We could make copies of the prayer and gave it to our Grands and teach them to pray it every day too. Here is a website for kids to pray the prayer and color the sheets...

<https://www.pinterest.compin/429179039468770666/>

The Guardian angel Feast day is Oct. 2nd, but I thought this should be shared now as I know some of us are concerned for our children, grandchildren and other children we know and pray for. This will put your mind at ease!

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Fr. Tom Murphy OFM will be having a Conference on April 7th

It will be at the Jensen Beach OFS starting with the 8:30 a.m. Parish Mass followed by refreshments and then 2 talks. Here is the location info. In case you are going.

St. Martin de Porres Catholic Church
2555 NE Savanna Road
Jensen Beach, FL 34957

Be sure to let Eliana know if you are going or not. See her e mail about whether we want to go to this OR do we want to have our own visit by Fr. Tom at our fraternity sometime after Easter ?